

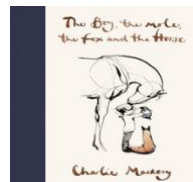
# Inspire Home learning

## Reception

9<sup>th</sup> – 11<sup>th</sup> September 2020

### EYFS Reception Home Learning Autumn 1 Week 1

We know you were all so excited to be starting at West Thornton this week and the teachers had been busy over the summer making sure everything was ready for you. However, we need to wait until Monday 21<sup>st</sup> September before we can start welcoming you all back to school. We have planned some activities for you to do at home until school is open again and you will get to meet your teachers and teaching assistants via zoom calls next week. This term we will be learning what it is like to be part of a community. At the end of term we will have a "Hopes and dreams" ceremony which will be part of a whole school project based on the books 'All Are Welcome' and 'The Boy, The Mole, The Fox and the Horse'.

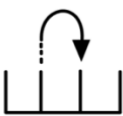


### Personal Social and Emotional Development

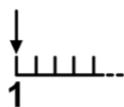
- Use this page from our core book to talk to an adult about how you start your day. What are your morning routines? Who helps you to get ready? What do you have for breakfast? How will your morning routines change once you go back to school?



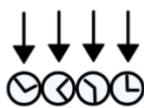
Morning



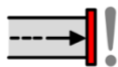
next



first



routine



finally

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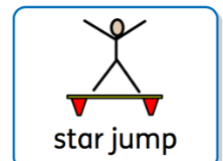
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### Communication and Language

- Call someone from your family to tell them what you have been doing during the week, explain what you did yesterday, and what you will do tomorrow. Don't forget to ask them what they have been doing.
- Practise following instructions given by your adult, this could be helping them to cook, wash the dishes, or fold the washing.
- Choose your favourite small toys such as animals, cars or dolls. Use an old cardboard or cereal box to create a scene for your toys. Choose one of these problems to create a story (a fire breathing dragon/ a flood/ a tornado/ a wicked witch) and decide who will save the day. Act the story out the story using your imagination.

### Physical Development

- Complete 15 minutes of action songs, such as head shoulders knees and toes, if you're happy and you know it, wind the bobbin up.
- Complete these daily excersises, balance on each foot for 10 seconds, 10 star jumps, 10 bunny hops, 15 squats and feel free to add your own actions each day.



### Literacy

- Draw a picture of your family and add labels. Use the letter formation sheet to help you.
- Draw a self-portrait and label the features of your face.
- Which letters of the alphabet or sounds do you know? Ask an adult to shout out a letter of the alphabet for you to write. If you are outside you could do this with chalk on the floor or with water and a paint brush.

### Phonics

- Go on a listening walk around your local community. How many different sounds did you hear?
- Give me a sound – Add sound effects to a story that your adult reads to you. For example, a creaky door in 'A dark, dark tale' or the animal sounds in 'Dear zoo'.

### Writing

- Write a card to someone to cheer the up, write a message and sign your name, give it to a family member or save it for someone special the next time you see them.

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### Reading

Read a favourite or familiar story, take turns pretending to be one of the characters and answering questions about how you feel, what you wish would happen next ect.

### Maths

- Go on a 'Number hunt'. What numbers did you find? Write down the numbers you saw on your hunt.
- Ask an adult to write the numbers 0-10 on pieces of paper and hide them around your home inside or outside. How long did it take you to find all the numbers? Can you put them in order starting from 0 and ending with 10?



### Understanding the World

- With your adult take a walk around your local community. Talk about the different things you see on the way. What do the shops sell? Do you pass different places of worship? Is your community busy or quiet? Do you have any open spaces? How could you make your community a better place?



### Expressive Arts and Design

- Help your adult to make some play dough using the recipe attached or a your own one. Once the play dough is made be creative and see what you can make? Can you roll it, pat it, squish it or cut it?
- Fill a sink or large container with water and find different objects to fill with water. Try experimenting with different ways of making the water move. Can you drip it, splash it or stir it?
- Create a self-portrait using loose parts from around your home. What could you use for your eyes, nose and mouth?



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### Let's Talk... EYFS

This week we are going to play telephone conversations to develop our speaking and listening skills. What will you say over the telephone to your friend? What questions will you ask?

You could make DIY telephone or telephones. You will need at least one other person to join you in with the telephone conversation, you could ask your grown up.

Don't forget to write the telephone numbers on the piece of paper. You can also create a list of telephone numbers OR write a telephone/ text message.

#### Phrase and questions to support with DIY telephone

- Hello, how are you today?
- Would you like to tell me about...?
- Are you having a good day?
- How are you feeling?
- What you have been doing?
- Tell me something funny...

#### DIY TELEPHONE



#### What you need:

- Plastic cups
- String or rope
- Paint for decoration

All you need to do is paint or decorate some plastic cups, poke a hole in each of them, and thread string through the bottom.



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### RECIPE

### BEST EVER NO-COOK PLAY DOUGH

#### **You need:**

- 2 cups plain flour (all purpose)
- 2 tablespoons vegetable oil (baby oil and coconut oil work too)
- 1/2 cup salt
- 2 tablespoons cream of tartar
- 1 to 1.5 cups boiling water (adding in increments until it feels just right)
- gel food colouring (optional)
- few drops glycerine (a secret ingredient for stretch and shine!)



#### **Instructions:**

- Mix the flour, salt, cream of tartar and oil **into** a large mixing bowl
- Add food colouring to the boiling water then into the dry ingredients
- Stir continuously until it becomes a sticky, combined dough
- Add the glycerine (optional)
- Allow it to cool down then take it out of the bowl and knead it vigorously for a couple of minutes until all of the stickiness has gone. \* This is the most important part of the process, so keep at it until it's the perfect consistency!\*
- If it remains a little sticky then add a touch more flour until just right
- Keep it in an airtight container so you can use it again.

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No matter how you start your day.  
What you wear when you play.



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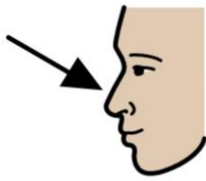
### Self portrait labels



face



eyes



nose



mouth



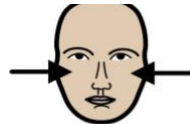
ears



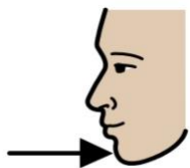
hair



eyebrows



cheeks



chin



eye lashes

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Aa Bb Cc Dd

Ee Ff Gg Hh Ii

Jj Kk Ll Mm

Nn Oo Pp Qq

Rr Ss Tt Uu Vv

Ww Xx Yy Zz