

WEEK 1

W/C: 30/10, 20/11, 11/12, 01/01, 22/01, 12/02, 04/03, 25/03

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 🌱 🌾 Served with Potato Wedges	Vegetarian Burger 🌱 Served with Potato Wedges	Vegetable Pastry Roll 🌱 Served with Mashed Potato and Gravy	Vegetarian Bolognese 🌱 🐟 🍷 Served with Wholewheat Pasta and Garlic and Herb Bread	Crispy Quorn Nuggets 🌱 Served with Chips
JACKET POTATO	Stir Fried Vegetable Rice 🌱 🍷 🌾	Classic Beef Burger Served with Potato Wedges	Chicken, Vegetable and Mash Pie 🍷 Served with Gravy 🌱	Beef Bolognese 🍷 🍷 🌱 Served with Wholewheat Pasta and Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings
	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🌱 🌾				
	All main meals are served with two vegetables				
DESSERT	Chocolate Brownie	Crispy Crackle Bar with Fruit 🌱	Carrot, Orange and Sultana Slice 🌱	Original Flapjack	Vanilla Ice Cream

PACKED LUNCH AVAILABLE

Baguettes with a choice of fillings available Tuesday and Thursday Tomato Pasta available Monday Wednesday and Friday with Salad and fresh fruit or dessert of the day

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🌾 Wholegrain

🍏 Fruity! 🍷 Nutritionist's Choice 🌱 Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 2

W/C: 06/11, 27/11, 08/01, 29/01, 19/02, 11/03

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 🌱 🌾 Served with Potato Wedges	Macaroni Cheese 🌱	Cheesy Leek and Carrot Crumble 🌱 Served with Roast Potatoes and Gravy	Vegetarian Sausage Pasta Bake 🌱 Served with Garlic and Herb Bread	Crispy Quorn Nuggets 🌱 Served with Chips
JACKET POTATO	Sweet Potato Curry 🌱 🌾 🌿 Served with Wholegrain Rice	Chicken and Vegetable Tikka Masala 🌱 🌾 Served with Wholegrain Rice	Jerk Chicken Served with Rice and peas	Sausage Pasta Bake 🌾 Served with Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
	Jacket Potatoes 🌱 🌿 with a choice of hot and cold fillings	Jacket Potatoes 🌱 🌿 with a choice of hot and cold fillings	Jacket Potatoes 🌱 🌿 with a choice of hot and cold fillings	Jacket Potatoes 🌱 🌿 with a choice of hot and cold fillings	Jacket Potatoes 🌱 🌿 with a choice of hot and cold fillings
	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🌱 🌾				
	All main meals are served with two vegetables				
DESSERT	Apple Crumble with Custard 🌱	Crunchy Chocolate Biscuit	Chocolate and Vanilla Marble Cake	Carrot Cake 🌱	Strawberry Ice Cream

PACKED LUNCH AVAILABLE

Baguettes with a choice of fillings available Tuesday and Thursday Tomato Pasta available Monday Wednesday and Friday with Salad and fresh fruit or dessert of the day

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🌾 Wholegrain

🍏 Fruity! ❤️ Nutritionist's Choice 🇸🇦 Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 3

W/C: 13/11, 04/12, 15/01, 05/02, 26/02, 18/03

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 🌱 🌾 Served with Potato Wedges	Cauliflower Macaroni Cheese 🌱 🌾 🍷 Served with Garlic and Herb Bread	Sweet Potato and Chickpea Roast 🌱 🍷 Served with Roast Potatoes and Gravy	Sweet and Sour Vegetables 🌱 🌾 🍷 Served with Wholegrain Rice	Crispy Quorn Nuggets 🌱 Served with Chips
JACKET POTATO	Chilli No Carne with Crispy Tortilla 🌱 🌾 🍷 Served with Wholegrain Rice	Beef Lasagne 🍷 🍷 Served with Garlic and Herb Bread	Roast Turkey Served with Roast Potatoes and Gravy	Chicken and Vegetable Korma 🍷 🍷 Served with Wholegrain Rice	Southern Fried Chicken Served with Chips
	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings
	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🌱 🌾				
	All main meals are served with two vegetables				
DESSERT	Banana and Carrot Cake 🌱	Strawberry Jelly	Orange Drizzle with Fruit 🌱	Vanilla Sponge with Custard	Chocolate Ice Cream with Shortbread Biscuit

PACKED LUNCH AVAILABLE

Baguettes with a choice of fillings available Tuesday and Thursday
Tomato Pasta available Monday Wednesday and Friday with Salad and fresh fruit or dessert of the day

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🌾 Wholegrain

🍏 Fruity! ❤️ Nutritionist's Choice 🍷 Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.