

# AUTUMN/WINTER 2025 MENU

# WEEK 1

W/C: 03/11/2025, 24/11/2025, 15/12/2025, 05/01/2026, 26/01/2026, 16/02/2026, 09/03/2026, 30/03/2026



|  |                 | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   |
|--|-----------------|--|--|--|---|--|
| <b>HOT DISHES</b>  | <b>OPTION 1</b> | Cheese and Tomato Pizza served with Potato Wedges              | Beef Bolognese with Wholewheat Pasta 🌾 🇂🇵 🇂🇵         | Roast Chicken with Roast Potatoes and Gravy 🇂🇵                 | Chinese Sticky Lemon Chicken with Wholegrain Rice 🌾 🇂🇵 🇂🇵 | Southern Fried Chicken with Chips 🇂🇵                           |
|  | <b>OPTION 2</b> | BBQ Vegetable Wrap with Potato Wedges 🌿 🇂🇵 🇂🇵                  | Vegetarian Bolognese with Wholewheat Pasta 🌿 🌾 🇂🇵 🇂🇵 | Roast Quorn with Roast Potatoes and Gravy 🌿                    | Cheesy Vegetable Hotpot 🌿                                 | Quorn Dippers with Chips 🌿                                     |
|  | <b>OPTION 3</b> | Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌿 🌾 | Filled Rolls or Sandwiches or Baguettes              | Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌿 🌾 | Filled Rolls or Sandwiches or Baguettes                   | Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌿 🌾 |
| <b>HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD</b> |                 |  |  |  |   |  |
| <b>DESSERT</b>   |                 | Crunchy Apple Slice 🍏  | Jam and Coconut Sponge                               | Oat Cookie 🌿   | Apple Crumble with Custard 🍏                              | Chocolate Ice Cream  |



### BAKED POTATOES SERVED DAILY

With a choice of toppings 🌿 🐟



### AVAILABLE DAILY

Fresh fruit, salad, yoghurt and water

🌿 Vegetarian
🌿 Vegan
🐟 Oily Fish
🍏 Fruity!
🌾 Wholegrain
🇂🇵 Nutritionist's Choice
🇂🇵 Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.



# AUTUMN/WINTER 2025 MENU



# WEEK 2

W/C: 10/11/2025, 01/12/2025, 22/12/2025, 12/01/2026, 02/02/2026, 23/02/2026, 16/03/2026, 06/04/2026

|  |                          | MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY   |
|--|--------------------------|--|---|---|--|--|
| <b>HOT DISHES</b>  | <b>OPTION 1</b>          | Macaroni Cheese  | Pork Sausages with Mashed Potatoes and Gravy      | Roast Beef with Roast Potatoes and Gravy                            | BBQ Chicken with Rainbow Rice                          | Battered Pollock with Chips                                |
|  | <b>OPTION 2</b>          | Potato and Lentil Curry with Wholegrain Rice               | Vegetarian Sausage with Mashed Potatoes and Gravy | Sweet Potato, Chickpea and Herb Roast with Roast Potatoes and Gravy | Cheese and Tomato Pizza Served with Garlic Bread Wedge | Quorn Dippers with Chips                                   |
|  | <b>OPTION 3</b>          | Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta | Filled Rolls or Sandwiches or Baguettes           | Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta          | Filled Rolls or Sandwiches or Baguettes                | Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta |
| <b>HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD</b> |                          |  |   |   |  |  |
| <b>DESSERT</b>   | Chocolate Caramel Crunch | Flapjack   | Chocolate Brownie                                 | Apple and Golden Syrup Sponge with Custard                          | Strawberry Ice Cream                                   |  |



## BAKED POTATOES SERVED DAILY

With a choice of toppings



## AVAILABLE DAILY

Fresh fruit, salad, yoghurt and water

Vegetarian Vegan Oily Fish Fruity! Wholegrain Nutritionist's Choice Halal Available

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# AUTUMN/WINTER 2025 MENU

# WEEK 3

W/C: 17/11/2025, 08/12/2025, 29/12/2025, 19/01/2026, 09/02/2026, 02/03/2026, 23/03/2026, 13/04/2026



|  |                 | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   |
|--|-----------------|--|---|--|--|--|
| <b>HOT DISHES</b>  | <b>OPTION 1</b> | Cheese and Tomato Pizza served with Potato Wedges  | Jamaican Chicken Jambalaya    | Roast Turkey Served With Roast Potatoes and Gravy   | Oat Crusted Chicken with Potato Wedges  | Fish Fingers with Chips  |
|  | <b>OPTION 2</b> | OR   | OR  | OR   | OR   | OR   |
|  | <b>OPTION 2</b> | Roasted Cauliflower and Chickpea Masala with Wholegrain Rice    | Veggie Chilli Con Carne With Crispy Tortilla with Wholegrain Rice    | Vegetable Pastry Slice Served With Roast Potatoes and Gravy   | Macaroni Cheese                         | Quorn Dippers with Chips    |
| <b>OPTION 3</b>  | OR              | OR   | OR  | OR   | OR   | OR   |
|  | <b>OPTION 3</b> | Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta     | Filled Rolls or Sandwiches or Baguettes   | Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta   | Filled Rolls or Sandwiches or Baguettes  | Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta   |
| <b>HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD</b> |                 |  |   |  |  |  |
| <b>DESSERT</b>   |                 | Chocolate Marble Cake   | Orange Glazed Sticky Sponge Cake with Custard    | Lemon Cookie    | Apple Crumble with Custard            | Vanilla Ice Cream  |



## BAKED POTATOES SERVED DAILY

With a choice of toppings  



## AVAILABLE DAILY

Fresh fruit, salad, yoghurt and water

 **Vegetarian**  **Vegan**  **Oily Fish**  **Fruity!**  **Wholegrain**  **Nutritionist's Choice**  **Halal Available**

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

